



BMTA ACTIVITY CALENDAR

July-October

July

July 9 (Saturday) GA Work Trip Section 8a through 8h. Bushy Head Gap >> Dyer Gap. Contact Bob Cowdrick bcowdrick@comcast.net.

July 15 (Friday) Cartecay River Loop Trails. Dog friendly hike (adult humans may bring a leashed dog). Moderate five-six miles, much of it along the beautiful Cartecay River. Hike leader Ken Cissna. For more information contact hikeleaderKC@bmtamail.org.

July 18 (Monday) Benton MacKaye and Jacks River Trails in the Cohutta Wilderness. Moderate five-mile hike starting at Dally Gap on the Hemp Top Trail to the intersection of the BMT then down the BMT to the Jacks River Trail to the first crossing of the river. We will have access to the river for some relaxation and splash time. We will return to Dally Gap on the Jacks River Trail. Requires a five-mile drive on a USFS road to Dally Gap. Hike Leaders Carolyn and Tom Sewell. For more information contact hikeleaderTS@bmtamail.org.

July 22 (Friday) Three Forks to No Name Bald. Moderate 4.3 miles. Mostly following Long Creek. Largely uphill going and reverse returning. Approximately 700' of elevation change each way. We'll include a side trip to Long Creek Falls. Hike Leader Kelly Motton. For more information contact hikeleaderKM@bmtamail.org.

July 23 (Saturday) TN/NC Work Trip Section 16ab Heart of Darkness >> Sledrunner Gap to Sandy Gap. Contact Keith Mertz keithmertz@hotmail.com.

July 25 (Monday) Turtletown Creek Falls. Dog friendly hike (adult humans may bring a leashed dog). Moderate five miles. Turtletown Creek plus two of the most beautiful falls you'll ever see on a short hike. Hike Leader Ken Cissna. For more information contact hikeleaderKC@bmtamail.org.

July 29 (Friday) Springer Mountain BMT Loop. With two lovely vistas this 4.6-mile loop includes visits to the southern terminus of both the Appalachian and Benton MacKaye trails. Hike Leader Kelly Motton.

For more information contact hikeleaderKM@bmtamail.org.

August

August 1 (Monday) Cohuttas. Two BMT segments from one parking area FS 64 Dyer Gap. We'll go 4.4 miles plus a short detour 20 feet to Shadow Falls and then opt to go 2.4 more miles to Flat Top Mountain and return. Hike Leader Steve Dennison. For more information contact hikeleaderSD@bmtamail.org.

August 5 (Friday) Bear Creek Trail. Dog friendly hike (adult humans may bring a leashed dog). Moderate 7 miles. Hike leader Ken Cissna.

For more information contact hikeleaderKC@bmtamail.org.

August 13 GA Work Trip. Section 8 Bushy Head Gap >> Fowler Mountain.
Contact Bob Cowdrick bcowdrick@comcast.net.

August 19 (Friday) Emery Creek. Moderate 5 miles. The trail for this in-and-out hike is fairly easy, but 26 stream crossings (a number up to your ankles and two around your knees) and a section of potentially slippery rock toward the beginning and at the end make it more difficult than it otherwise would be. Holly and Emery Creeks, two lovely waterfalls and a beautiful trail make it worth the trouble. Hike Leader Ken Cissna.

For more information contact hikeleaderKC@bmtamail.org.

August 27 TN/NC Work Trip Section 15b Tate Gap >> Six Mile Gap
Contact Keith Mertz harrisri@aol.com.

August 31 (Wednesday) BMT from Towee Creek to Childers Creek, 4.2 miles. The trail parallels the Hiwassee River with beautiful views of the river and rocky outcrops. The trail gets very close to the river as we hike south towards Childers Creek. Hike Leaders Clare and Ed Sullivan.

For more information contact hikeleaderCS2@bmtamail.org.

September

September 16 (Friday) Gahuti Lite. Five intersecting trails loop at Fort Mountain State Park. Dog friendly hike (adult humans may bring a leashed dog). About 5 moderate miles. Highlights include cascading creeks, a long-distance view and a lakeside walk. Ends with a moderate uphill walk. Hike Leader Ken Cissna. For more information contact hikeleaderKC@bmtamail.org.

September 16 (Friday) BMT in Tennessee between Ducktown and Coker Creek. Highway 68 to Buck Bald with 360 degree views and return. A total of 3 miles. Hike Leader Steve Dennison. For more information contact hikeleaderSD@bmtamail.org

September 17 (Saturday) BMT off the Cherohala Parkway in Tellico Plains, Tennessee. A great, short, moderate 4.5-mile round-trip from Mud Gap to Whigg Meadow. This special hike will give us an opportunity to learn about the annual bird banding and data collection that has taken place at Whigg Meadow. Hike Leader Kelly Motton. For more information contact hikeleaderKM@bmtamail.org.

September 26 (Monday) BMT from Highway 60 to the Suspension Bridge and back. Dog friendly hike (adult humans may bring a leashed dog). Moderate 7.4 miles. Lunch by the Toccoa River and the BMT's iconic Suspension Bridge. Hike Leader Ken Cissna. For more information contact hikeleaderKC@bmtamail.org.

October

October 3 (Monday) BMT Dyer Gap to Shadow Falls (South Forks Trail to intersection of the Pinhoti) about 5 moderate miles round-trip. Hike Leader Steve Dennison. For more information contact hikeleaderSD@bmtamail.org

October 7 (Friday) Shady Falls Trailhead to Lake Blue Ridge and back. Dog friendly hike (adult humans may bring a leashed dog). Moderate 7 miles. Views of Lake Blue Ridge including very close up during mid-hike lunch. Hike Leader Ken Cissna. For more information hikeleaderKC@bmtamail.org.

October 14 (Friday) BMT in Tennessee between Ducktown and Coker Creek. Highway 68 to Buck Bald with 360 degree views and return. A total of 3 miles. Hike Leader Anne Anderson.
For more information contact hikeleaderAA@bmtamail.org.

October 21 (Friday) BMT Highway 515 to Weaver Creek and return. Dog friendly hike (adult humans may bring a leashed dog). Easy 5 miles mostly along dirt roads. One “rock hopping” stream crossing could get your feet wet depending on stream levels and recent rainfall. Hike Leader Ken Cissna.
For more information contact hikeleaderKC@bmtamail.org.

***Before embarking on your hike, please read:**

[BMTA COVID-19 Hiker Guidelines](#)

[Hiker Guidelines](#)

[Guidelines for Bringing Your Dog on a Sponsored Hike](#) (if applicable)