



# Benton MacKaye Trail Association

## Waiver and Release Form

**Note: Dogs are allowed on BMTA hikes only for those hikes that are specifically designated as “dog friendly.”  
In those cases, dog owners must adhere to BMTA’s “Guidelines for Bringing Your Dog on a BMTA Hike.”**

**After the hike, please mail this Waiver & Release Form to:  
Scan and email to [hikeleader@bmta.org](mailto:hikeleader@bmta.org).**

**Name / Date of Activity:** \_\_\_\_\_

**Hike Leader:** \_\_\_\_\_

Each of us individually (and/or as parent and/or guardian of the named minor) for and in consideration of receiving permission from the Benton MacKaye Trail Association to participate in the above recreational activity of the Association do hereby release, remise, waive, and forever discharge the Benton MacKaye Trail Association, together with all of its officers, directors, trip leaders and co-leaders, and members, from any and all liability, claims, demands, actions, or cause of actions, whatsoever arising out of or related to any injury, illness, loss or damage, including death, relating to participation in the said activity. If I bring a dog on a “dog friendly” hike, I accept sole responsibility for the behavior of my dog.

**\*M=Member, G=Guest**

	PRINT NAME	SIGNATURE	*M/G	EMERGENCY CONTACT #	EMAIL ADDRESS
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***By providing my email address I understand I am giving BMTA permission to email me news, updates and announcements concerning BMTA.***

***Your information will not be sold to or shared with a third party.***



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## **BMTA Newsletter Write Up**

Please email to [bmtanewsletter@bmta.org](mailto:bmtanewsletter@bmta.org) and [hikeleader@bmta.org](mailto:hikeleader@bmta.org) after hike is completed.

**Please include the following in your email:**

Name of Hike

Date of Hike

Photos - more than one if you have them

A short description of the hike. This can include some (not necessarily all) of the following info:

The distance

Names of Hikers & Hike Leaders

Scenic viewpoints or flora & fauna along the trail

Any unusual occurrence on the hike (i.e. caught in thunderstorm)

**Benton MacKaye Trail Association**

**Parent's Medical Release Form**

I, \_\_\_\_\_, the parent / legal guardian of \_\_\_\_\_, recognize the inherent risks of this event and, assuming personal responsibility, release the Benton MacKaye Trail Association from liabilities related to my child's participation in the activity of:

\_\_\_\_\_ on \_\_\_\_\_ (date).

In case of emergency, I understand that every effort will be made to contact me. In the event I cannot be reached, I hereby give my permission to the physician selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery or injections of medication for my child.

\_\_\_\_\_  
Signature of parent or guardian

\_\_\_\_\_  
Name of parent or guardian (Print)

\_\_\_\_\_  
Address

\_\_\_\_\_  
City, State, ZIP Code

\_\_\_\_\_  
Phone Number

\_\_\_\_\_  
Date